



INTERACTIVE TOOL 3 · MAYA INTERACTIVE TOOLS

Peer Mentoring Circles Toolkit

MAYA — WP3 Open Interactive Education Resources

- Mainstreaming Actions to reinforce the professional dimension and emotional side of Young
- Adult NEET women in Europe

2023-1-TR01-KA220-YOU-000161339 · Erasmus+ KA220-YOU · mayaproject.eu



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Peer Mentoring Circles Toolkit

This toolkit provides visual templates to support Peer Mentoring Circles, fostering emotional resilience, empathy, and collaborative learning among Young Adult Inactive NEET Women (YAINWs). These tools align with Montessori principles of self-directed, respectful, and experiential learning. Youth workers can use these templates to plan, facilitate, and track meaningful peer interactions.

1. Session Planner Template

Use this planner to track weekly peer mentoring sessions. Each session includes a theme, rotating leadership, and an activity.

Session Date ?	Theme ?	Leader ?	Activity ?	Notes ?
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2. Participant Reflection Log

Participants can use this log to reflect on their experiences during each session.

Session Date ?	What I Shared ?	What I Learned ?
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3. Theme Ideas List

Use these suggested themes for your mentoring circle sessions or create new ones based on the group's needs.

- ? Overcoming Fear
- ? Managing Time Wisely
- ? Celebrating Small Wins
- ? Building Confidence
- ? Handling Stress and Anxiety

- 📝 Setting Personal Boundaries
- 📝 Dreaming Big: Future Goals
- 📝 Support Systems: Who Helps Us?

How to Use These Templates

Session Planner: Fill in details for each meeting including who leads and what activities are planned. Use emojis or color highlights for fun visual tracking.

Reflection Log: After each session, participants note what they shared and learned, promoting self-awareness.

Theme Ideas: Rotate themes weekly, allowing each participant to pick or propose a topic for group discussion.

Encourage creativity and respectful listening. The use of a 'talking object' helps maintain focus and ensures everyone has a voice.