

Amadora: the Portuguese MAYA experience

Amadora Inova brought together young women, educators, youth workers and civil society organisations to present the MAYA results and the experience of the local mentoring cycle.



MAYA multiplier event at Amadora Inova, Amadora, 12 June 2026.

A local event with a European outlook

The event presented MAYA's approach to accompanying young adult NEET women through Montessori-inspired adult learning, mentoring and inclusive educational practice.

Most participants were women aged between 20 and 45: young adult women, youth workers, educators and representatives of organisations working on inclusion, education and employability.

36

participants

9

mentees in the
Portuguese cycle

10

sessions
per mentee

19

professionals
validated the OER


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Programme

The MAYA approach

Montessori-inspired adult learning for young NEET women.

Project outputs

Handbook, seven-module curriculum, mentoring guide and open education resources.

The Portuguese pilot

A mentoring cycle with nine young women from April to June 2026.

Transferability

Good practices and lessons learned for local organisations.



Participants at the Amadora multiplier event.



Why it matters

- The event encouraged local organisations to use the MAYA open resources.
- It strengthened cooperation in Amadora around support pathways for women facing educational, social and labour-market barriers.



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